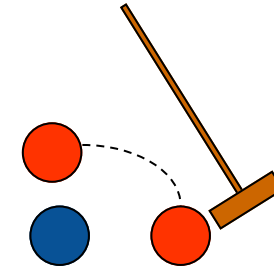


## JUMP SHOT

There are various methods to achieve a Jump Shot. Different body types or injuries can determine which method or technique allows you to succeed. These are:

- Centre Stance
- Step Stance
- Side Step
- Hammer technique
- Chop

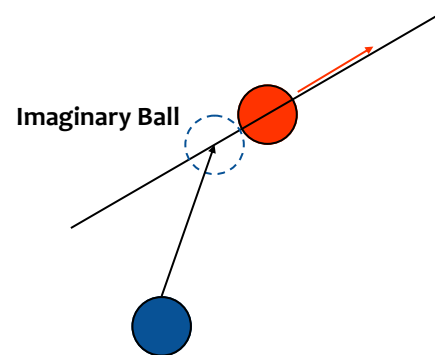


Practise over PVC 100mm pipe (with or without hoop markers behind) to judge lift and accuracy.

Jump shots can be used in open court as well as jumping a ball jawed in a hoop.

## Cut Rush:

The **cut rush** is where the target ball is struck deliberately off centre to drive it to the left or right. To get the correct aiming line use a third (imaginary) croquet ball in contact with the target ball with both their centres lying along the desired rush line. The Striker's Ball must be



**The Cut Rush.** To make Red Ball move along the rush line the Blue Ball must be aimed at the centre of a imaginary ball which lies in contact with Red and has its centre on the rush line.